

**NORTH COVE YACHT CLUB  
PO Box 298  
Old Saybrook, Ct 06475**

February 1, 2010

Dear Junior Sailor and Parents:

The North Cove Yacht Club will again offer a Junior Sailing Program this summer. There will be three two-week sessions, as indicated on the enclosed application. Please note that each session is ten days, (except for the first, which excludes July 5<sup>th</sup>) meeting from 9:00 until 3:00 on weekdays.

Youth's ages 9 through 15 as of June 28, 2010, may apply for enrollment in one, two or all three sessions. Each session will provide instruction for both beginners and intermediate sailors. In addition to instruction those students recommended by the staff will be encouraged to sail in the junior racing program on Monday evenings from about 1700 to 1930 through out the six week program.

This year's tuition fees including a tee shirt are \$400 per session for Non-Club member students and \$300 per session for students related to Club members. Any student whose parents, guardians or other relative who become members of the North Cove Yacht Club by December 31, 2010 will have a \$100 per session refunded.

We can only accept a limited number of students in each session, so it behooves you to submit your application and deposit as soon as possible. Last year the sessions were fill by the end of February.

Please read the enclosed material carefully and return the completed application with a seventy-five dollar deposit per session to Cindy Yerman at the address below. Applications are considered on a first come first serve basis so do not send or leave your application at the Club as the delay in getting it to me could cost the student a seat in the session.

Cindy Yerman  
300 Cromwell Court North  
Old Saybrook, CT 06475

Feel free to make copies of the application if you are interested in enrolling more than one student. Call Cindy at 860-388-3896 or e-mail her at if you have questions.

Sincerely yours,

Edward R. Godfrey  
Junior Program Chairman

P.S. NCYC also offers Adult Sailing Lessons. Please call Carolyn Barter at 860-388-5045 for information.

**North Cove Yacht Club  
2010 Junior Sailing Program  
Course Description**

The North Cove Yacht Club is an organization that brings people together who enjoy the sport of sailing, whether it be cruising or racing on big boats or small. The objective of the club's Junior Sailing Program is to teach sailing to any interested youth, so that they too may enjoy the sport.

NCYC employs qualified instructors and closely oversees the program. The instructors are certified by the US Sailing Association after attending their Instructors Course, and are also certified in CPR and First Aid. The curriculum is based on US Sailing's "Start Sailing Right". On the water instruction is conducted in Club owned Dyer dinghies Optimist sailboats, Hunter 90 and 420 sailboats. The Dyer dinghy is a good beginner boat as there is room for two sailors, or even one student and one instructor. We also have four Hunter 90s (a nine foot single sail boat) used for both beginners and intermediate students. For some intermediate classes we will utilize our four club Vanguard 420s, giving these students the opportunity to learn the use of a jib. The Optimist and 420-class sailboats are used competitively in various club races and regattas in the area, and it is our hope that we can develop both the interest and skills for a crew from this program to compete in inter club racing.

The Club, through the junior program sponsors Monday Evening racing for juniors enrolled in any session of this six-week program. To be eligible a junior needs to be recommended as having the skill to race by a member of the staff.

**Schedule:**

Session I	June 28 – July 9	9 AM to 3 PM
Session II	July 12 – July 23	9 AM to 3 PM
Session III	July 26 – August 6	9 AM to 3 PM

Students may enroll for one, two or all three sessions. On the basis of the instructors' evaluations classes will be organized into beginner and intermediate groups. Separate instruction will be provide for each level. Students will be encouraged to progress at their own rate.

**ARRIVAL AND DEPARTURE** - classes begin and end promptly. It is expected that students will arrive a few minutes ahead of 9:00 so that they will have time to stow their gear and be seated for roll call at 9:00. Please do not leave your students off too early or pick them up late as there are no provisions for the supervision beyond class hours and they may not "just wait".

**ABSENCE/LATE ARRIVAL OR EARLY DEPARTURE** - Please notify the Head Instructor as soon as possible if any special request is to be made as plans for the day for that student may have to be adjusted.

**North Cove Yacht Club  
2010 Junior Sailing Program  
Course Description**

**Tuition**

The tuition this year is \$400 per session for students from the community and \$300 per session for students related to club members. These fees include a sailing program tee shirt , which in the past we have sold. Any student whose parents, guardians or other relative become club members of the North Cove Yacht Club by December 31, 2008, will have \$100 per session refunded. We can accept only a limited number of students in each session, so it is suggested that you submit your application and \$75 per session deposit as soon as possible. The seventy-five dollar deposit is refundable only if a substitute can be found.

**Admission Requirements**

**SWIMMING ABILITY** – Students must be able to swim at least 25 yards and float or tread water without a life jacket for a minimum of five minutes. Parents or guardians must sign a statement so certifying.

**LIFE JACKETS** - Students must have a properly sized U.S. Coast Guard approved, life jacket. The life jacket must be worn, properly buckled, at all times while in boats, on docks or floats. Students without a properly sized life jacket or students not wearing them properly will be excluded from class.

**WILLINGNESS TO CONTRIBUTE TO THE LEARNING ENVIRONMENT AND FOLLOW INSTRUCTIONS** – The objective of our program is to give students the best learning opportunity possible. This requires that students not disrupt classes and that they follow instructions. When on the water, this also becomes an issue of safety. Students who require medication during the school year for ADD are urged to have discussion with their MD concerning continuation of their medication during sailing lessons, as this is a learning environment requiring attentiveness to complex tasks.

In applying for participation in the program, students must be willing to abide by these requirements. It is expected that parents or guardians will make sure that their students fully understand these requirements before making application to the program. Should situations arise where their behavior of a student interferes with or impairs the ability of other in the class to learn, the instructors will first discuss the problem with the student. If the problem persists, the parent or guardians will be advised, and then if no correction is made, more drastic steps will be considered, including dismissal. In the event of dismissal no refund of tuition will be made.

While these procedures should cover most instances, in particular situations where the safety of the student or other students is a stake, the instructor will use their judgment concerning the appropriate course of action.

**North Cove Yacht Club  
2010 Junior Sailing Program**

**STUDENT APPLICATION FORM**

(Please type or print clearly)

**Mail to:**

Cindy Yerman  
300 Cromwell Court North  
Old Saybrook, CT 06475

Name: \_\_\_\_\_ Nickname: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

Day Telephone: \_\_\_\_\_ Evening Telephone: \_\_\_\_\_

NCYC relative (not required) \_\_\_\_\_ Student's age as of 6/28/10 \_\_\_\_\_

Email Address: \_\_\_\_\_

Returning students are expected to bring their textbooks, "Start Sailing Right", with them. If a returning student requires another book, please check here and include \$15.00 with your deposit so that additional textbooks can be ordered \_\_\_\_\_. New students will receive a textbook free of charge. Each student will receive a T-Shirt. Please indicate the student's size. \_\_\_\_\_

Please indicate below the desired session with "1" for the first choice and "2" for the second choice. If you wish to attend more than one session, place an "X" next to the sessions you wish to attend.

_____ First Session	June 28 – July 9, 9AM – 3 PM (July 5 <sup>th</sup> no class)
_____ Second Session	July 12 – July 23, 9AM – 3 PM
_____ Third Session	July 26 – August 6, 9 AM – 3 PM

**CERTIFICATION OF SWIMMING ABLITY**

I certify that the above applicant can swim at least 25 yards and can float and/or tread water without a life jacket for a minimum of five minutes.

**PERMISSION to PUBLISH CHILD'S PICTURE on OUR WEBSITE**

We have a website ([www.northcoveyc.com](http://www.northcoveyc.com)) and we like to post pictures of our junior sailors on it and would like permission to use you child's photo on line. We plan to post various photos on the site for each session; however, we will not be including the child's name or any other personal information.

**PARENT or GUARDIAN ACKNOWLEDGEMENT**

I have read the description of the North Cove Yacht Club's 2010 Junior Sailing Program. I understand and agree to the polices, procedures and requirements specified in the program description. Further, I have explained these policies, procedures and requirements to my child. I also understand that sailing and on the water activities associated with a sailing program such as this may have inherent risks for the participant. I agree to accept these risks and hold the North Cove Yacht Club and its employees and members harmless from any claims of damage or injury that may arise as the result of my child's participation in the program.

Print parent or legal guardian's name: \_\_\_\_\_

Signature of parent or legal guardian: \_\_\_\_\_

**2010 NORTH COVE JUNIOR SAILING PROGRAM**  
**Emergency, Medical & Experience Information**

Student's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Street \_\_\_\_\_ Town \_\_\_\_\_ State Emergency \_\_\_\_\_

**Information:**

\_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ (Home) \_\_\_\_\_ (Work)

**If the Student will be staying at an address other than the one above during attendance at the sailing program, Please complete the following:**

Staying with \_\_\_\_\_

Street \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ (Home) \_\_\_\_\_ (Work)

**In the event that a parent/guardian cannot be reached at the above telephone numbers, the following persons should be called:**

Name \_\_\_\_\_ Tel.# \_\_\_\_\_

Name \_\_\_\_\_ Tel.# \_\_\_\_\_

Physician \_\_\_\_\_ Tel.# \_\_\_\_\_

Hospital Preference \_\_\_\_\_

**Medical Information:**

Circle any current illness or health condition we should be aware of such as:

Asthma

ADD/ADHA

Other – Please List

Diabetes

Seizures

Serious Allergies

Current Medications – Please List \_\_\_\_\_

Is there anything else that we should be aware of regarding your child's participation in?

The program? Please specify \_\_\_\_\_

\_\_\_\_\_ Please be sure you continue on page two and sign as requested.

**2010 NORTH COVE JUNIOR SAILING PROGRAM**  
**Emergency, Medical & Experience Information**

**Experience Level:**

The program consists of basically two levels, beginner and intermediate. To aid the instructors in organizing the class by experience level would you please indicate previous sailing experience and which level you feel your child shown be placed in. The instructors in an effort to place students where they will be the most comfortable evaluate all potential intermediate students on the water in the classroom. Should you or your child feel that they had been placed in the wrong group please notify the instructors as soon as possible

Previous Instruction at North Cove \_\_\_\_\_ Other \_\_\_\_\_  
Placement Level Beginner \_\_\_\_\_: Intermediate \_\_\_\_\_:

Please indicate any other sailing experience that you feel would be helpful \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

I understand that in the event of an emergency, every effort will be made by NCYC personnel to reach the student's parents or guardians at the above telephone numbers; however, if that is not possible I give permission for North Cove Yacht Club personnel to make medical decisions on my behalf and for my child to be treated by emergency personnel.

I also hereby state that the above information supplied is complete and correct and that I know of no reason why my child should not participate in a rigorous program of sailing instruction.

\_\_\_\_\_  
Name of Parent or Guardian Please Print

\_\_\_\_\_  
Signature of Parent or Guardian

Date \_\_\_\_\_