

**North Cove Yacht Club  
2010 Junior Sailing Program  
Course Description**

The North Cove Yacht Club is an organization that brings people together who enjoy the sport of sailing, whether it be cruising or racing on big boats or small. The objective of the club's Junior Sailing Program is to teach sailing to any interested youth, so that they too may enjoy the sport.

NCYC employs qualified instructors and closely oversees the program. The instructors are certified by the US Sailing Association after attending their Instructors Course, and are also certified in CPR and First Aid. The curriculum is based on US Sailing's "Start Sailing Right". On the water instruction is conducted in Club owned Dyer dinghies Optimist sailboats, Hunter 90 and 420 sailboats. The Dyer dinghy is a good beginner boat as there is room for two sailors, or even one student and one instructor. We also have four Hunter 90s (a nine foot single sail boat) used for both beginners and intermediate students. For some intermediate classes we will utilize our four club Vanguard 420s, giving these students the opportunity to learn the use of a jib. The Optimist and 420-class sailboats are used competitively in various club races and regattas in the area, and it is our hope that we can develop both the interest and skills for a crew from this program to compete in inter club racing.

The Club, through the junior program sponsors Monday Evening racing for juniors enrolled in any session of this six-week program. To be eligible a junior needs to be recommended as having the skill to race by a member of the staff.

**Schedule:**

Session I	June 28 – July 9	9 AM to 3 PM
Session II	July 12 – July 23	9 AM to 3 PM
Session III	July 26 – August 6	9 AM to 3 PM

Students may enroll for one, two or all three sessions. On the basis of the instructors' evaluations classes will be organized into beginner and intermediate groups. Separate instruction will be provide for each level. Students will be encouraged to progress at their own rate.

**ARRIVAL AND DEPARTURE** - classes begin and end promptly. It is expected that students will arrive a few minutes ahead of 9:00 so that they will have time to stow their gear and be seated for roll call at 9:00. Please do not leave your students off too early or pick them up late as there are no provisions for the supervision beyond class hours and they may not "just wait".

**ABSENCE/LATE ARRIVAL OR EARLY DEPARTURE** - Please notify the Head Instructor as soon as possible if any special request is to be made as plans for the day for that student may have to be adjusted.

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**Tuition**

The tuition this year is \$400 per session for students from the community and \$300 per session for students related to club members. These fees include a sailing program tee shirt , which in the past we have sold. Any student whose parents, guardians or other relative become club members of the North Cove Yacht Club by December 31, 2008, will have \$100 per session refunded. We can accept only a limited number of students in each session, so it is suggested that you submit your application and \$75 per session deposit as soon as possible. The seventy-five dollar deposit is refundable only if a substitute can be found.

**Admission Requirements**

**SWIMMING ABILITY** – Students must be able to swim at least 25 yards and float or tread water without a life jacket for a minimum of five minutes. Parents or guardians must sign a statement so certifying.

**LIFE JACKETS** - Students must have a properly sized U.S. Coast Guard approved, life jacket. The life jacket must be worn, properly buckled, at all times while in boats, on docks or floats. Students without a properly sized life jacket or students not wearing them properly will be excluded from class.

**WILLINGNESS TO CONTRIBUTE TO THE LEARNING ENVIRONMENT AND FOLLOW INSTRUCTIONS** – The objective of our program is to give students the best learning opportunity possible. This requires that students not disrupt classes and that they follow instructions. When on the water, this also becomes an issue of safety. Students who require medication during the school year for ADD are urged to have discussion with their MD concerning continuation of their medication during sailing lessons, as this is a learning environment requiring attentiveness to complex tasks.

In applying for participation in the program, students must be willing to abide by these requirements. It is expected that parents or guardians will make sure that their students fully understand these requirements before making application to the program. Should situations arise where their behavior of a student interferes with or impairs the ability of other in the class to learn, the instructors will first discuss the problem with the student. If the problem persists, the parent or guardians will be advised, and then if no correction is made, more drastic steps will be considered, including dismissal. In the event of dismissal no refund of tuition will be made.

While these procedures should cover most instances, in particular situations where the safety of the student or other students is a stake, the instructor will use their judgment concerning the appropriate course of action.